



## Fist aid courses as one way to prepare for a disaster

Romanian participants (see source document for full description of research carried out amongst residents in Bucharest) referred to local training courses for first aid as to how people can prepare themselves, alongside disaster simulation and information campaigns conducted by authorities to help inform citizens on how to prepare and respond to a disaster.

### Applicable to:

Stakeholders: [Attitudes toward authorities](#)

Disaster Phases: [Preparedness](#), [Response](#)

Types of Actors Concerned: [National civil protection body](#), [Local authorities](#), [Government](#), [Red Cross](#), [Healthcare and emergency services](#)

Hazards: [Natural hazards](#), [Man-made non-intentional hazards or emergency situations](#), [Man-made intentional hazards](#)

### Recommendations:

- [Develop guidelines for disaster practitioners that take into consideration the different needs of and approaches to different ethnical groups](#)
- [Develop culturally aware disaster preparedness and response training](#)
- [Training programmes for citizens of all ages should be developed. These are necessary to increase citizens' knowledge of and preparedness in case of disasters. The training activities should be organized on the basis of a training strategy and should take various forms, ranging from emergency drill to workshops](#)

### Source

[Deliverable D5.3 "Report on citizens' reactions and opinions: Citizen Summit 1 \(Bucharest, Romania\)" \(page 13\)](#)

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