



Spirituality as a tool for victim recovery

Spirituality, which advocates non-material values, plays an important role in a victim's recovery. Having a faith can help survivors more than non-believers. Many studies have explored the role of religion in coping capacity. For example, a longitudinal study of 135 individuals who were grieving a death or trauma found that the strength of spiritual belief was an independently significant predictor of the symptoms of grief.

Note: See source document for full reference.

Applicable to:

Stakeholders: [Worldviews](#), [Norms/values](#)

Disaster Phases: [Recovery](#)

Types of Actors Concerned: [Non-active citizens](#)

Hazards: [Natural hazards](#), [Man-made non-intentional hazards or emergency situations](#), [Man-made intentional hazards](#)

Recommendations:

- [Foster the adoption of a culture of disaster prevention and resilience by informing and motivating citizens to take action](#)

Source

[Deliverable D7.3 "Report on cultural factors and citizen empowerment" \(page 52\)](#)

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<https://culturalmap.carismand.eu/a/7-3-75-spirituality-as-a-tool-for-victim-recovery>